



Background

This devotional can be used to help you grow as Christians together. Just follow the steps.

1. Background.

- There is a long history of people talking about faith around the dinner table. One of the silver linings of the Covid-19 pandemic is that more families are having meals around the table together because of fewer extra-curricular activities.
- This devotional is simple, meaningful, and takes advantage of family time you already have.
- A helpful motivation for parents and caregivers comes from Proverbs 22:6 (NIV): "Start children off on the way they should go, and even when they are old they will not turn from it."

2. Materials Needed

- a. Your Bible
- b. Whatever you have when you're having dinner!

3. Activity

- a. During mealtime, start a conversation. Pastor Ruttan says: "God can work through you when God's wisdom is in you." Discuss what you think that means. What is wisdom? What does it mean for God's wisdom to be "in" you? How is this different from how blood or bones are in you?
- b. Have one person (on a rotational basis), choose a small section from the Bible ahead of time. Have that person read it during mealtime.
- c. Have a relaxed conversation with questions like this (these are examples):
 - i. What words or ideas do you not understand?
 - ii. What does this passage teach us about who God is? (Keep in mind the larger context of the story and the Bible.)
 - iii. How might this influence or impact how we live? (Work in the saying, 'God can work through you when God's wisdom is in you.')

Note: If meal times don't work, perhaps there is another time when this could be done.

d. Throughout your week, when you did something different because of what you learned about God, be sure to share with others.

e. Remember, you don't need to be an expert in the Bible. This is about learning more about God's wisdom together, and doing so while spending quality time together over a meal.